



# 5 Nights 4 A Cure



Help Sam Wood and the Stone Circle of Friends raise money to find a cure for Myotonic Muscular Dystrophy.

Early last year, Nicholas (9) and Elliott (7) Stone were diagnosed with Myotonic Muscular Dystrophy. This genetic disease causes a progressive wasting of the muscles in the face, neck, hands and feet and of internal organs, including the brain, heart, lungs and gastrointestinal system. Approximately 1 in 8,000 people are diagnosed with MMD. At this time, there is no treatment or cure but there is much reason for hope. Recent discoveries made at the University of Virginia have shown great promise in finding a cure.

Sam is a part-time paramedic in Richmond who is challenging himself to work 5 consecutive nights March 14<sup>th</sup>-18<sup>th</sup> (6pm - 8am) on an ambulance. He is donating all the money he is making these 5 nights and is asking others to make a donation to his challenge or to simply "work a day" or "work an hour" for MMD.

## Ways 2 Help:

1. Educate: Go to [www.StoneCircleofFriends.com](http://www.StoneCircleofFriends.com) to learn more.
2. Donate \$: To help Sam reach his goal of \$5000 to help fund research.
3. Donate Time: Pick up an extra shift, pick up an extra hour, or even 15 minutes and donate the money you make to the Stone Circle of Friends.

All donations are tax deductible and will go directly to the research being done to find a cure. Make checks payable to "Stone Circle of Friends" and put "5 nights" in the Memo. Checks can be given to Sam or mailed directly to the Stone Circle of Friends at this address:



Stone Circle of Friends  
Edibell and Todd Stone  
8101 Lower Ralston Court  
Richmond, VA 23229



Questions or comments can be emailed to: [FiveNights4ACure@aol.com](mailto:FiveNights4ACure@aol.com)